

# Telepathic Imaging Release

Sometimes, we build telepathic images that limit our experiences and perceptions of ourselves and others. It can often be very helpful to release these obsolete, unnecessarily limiting images. Many people are unwittingly limited by their own constricting (and usually inaccurate) self-images, for instance. And in relationships, obsolete telepathic imaging can be extremely damaging.

1. Unify your chakras via the Unified Field Meditation.
2. Call upon Spirit, Grace Elohim, and the Violet Ray for assistance.
3. In your body and fields, call up the following, in turn:
  - a) All telepathic images of "Self". All statements starting, "I am..."
  - b) All telepathic images of "Significant Other(s) in my life." All statements starting, "My husband is...", "My wife is...", "My lover is...", "My child is...", "My mother is...", etc.
  - c) All telepathic images of "My gender." All statements starting, "Women are...", "Men are..."
  - d) All telepathic images of "The opposite gender." All statements starting, "Women are...", "Men are..."
  - e) All telepathic images of "People in general." All statements starting, "People are..."
  - f) All telepathic images of "Life, the world, the Universe." Statements such as, "Life is...", "The Universe is...", "The world is..."
4. Once you've called up the energy of these things, pulling them out of your body and field, you then request, "Spirit, please transform these images into new structures that completely support the mastery and sovereignty of all concerned. Please transform into the images you feel to be most appropriate at this time."

## **COUNCIL OF ONE**

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