

Standard Disclaimers and a Note on the Models Used

No channel or information source is 100% accurate.

We all have filters and biases, and I am certainly no exception, so please use your own best discernment whenever encountering new information. If it resonates, it will stimulate you in finding your truth, and if it does not, discard it, and you will still have learned something about your truth.

Also, truth cannot be meaningfully expressed in any human language, only knowledge garnered through perception, which is also subject to distortion.

When we want knowledge, we turn to science, philosophy, our own life experiences, all of the ways humans store information.

When we want to come to know our deepest and our highest Truth...we seek it in countless forms, in religions and spiritual practices, but the Council of One offers us tools to help us perceive our own truth which comes from within, direct essence contact without intermediaries. Thus we can validate it for ourselves, without the need for blind faith.

Our perception gives form to the quantum chaotic foam of reality, imposes structure and order upon it, gives it shape and density and maintains the twin illusions of solidity and separation. Therefore, many of the terms I use are metaphorical, or models, pointing to the greater reality of our conscious, living Universe, and the Universal Mind that explores it and evolves through it. I regularly review the current models and adjust them as new knowledge emerges. The limitations of English force me to represent transpersonal forces as personalities or forms.

Through the experiences of my life and my interpretation of those experiences, it is my understanding that all that can be meaningfully said about the conscious Source of All That Is, *is that it expresses as essence and function.*

That is all, and it is everything—literally everything in the Universe. There is nothing personal, nothing *human*, about it. It is the Ultimate Intelligence, and it is Transpersonal, and it is unapproachable by humans at our current level of advancement. It doesn't care about our personal lives or what we do with our bodies. It has other things to do, like continue to cast itself through the multiverse to experience the evolution of its consciousness. It has no attachment to the endless forms most beautiful that its vast consciousness takes throughout the multiverse, none at all. Source/Universe/Nature/Life is constantly shifting forms, after all, so why be attached to them?

Since most humans currently extant have a hard time conceptualizing or relating to something that abstract or transpersonal, that *non-human*. I've chosen to use the traditional religious/New Age terms of *angels, souls, essence, Spirit, God, Christ, Elohim, rays, entities, even the Council of One*, for the sake of clarity and convenience for my clients, because it's a language and a model we can work with together.

However, it is my understanding that the Ultimate Consciousness that moves and evolves through physical reality represents a continuum of being rather than any object/person. Nothing meaningful can be said of it—this is the *gnosis*, the *ekstasis*, that can only come with self-realized Truth validated through direct experience of one's own essence, the essences of others...and the infinite surprising novelty of life itself, forcing us to change, grow and evolve by adapting to conditions we've never had to adapt to before.

For me, the words *Life, God, Truth, Soul, Consciousness, Intelligence, Essence, Energy/Will, Nature, Universe, Source, Reality, Universal Mind, Cosmic Consciousness, Tao, Superconscious, Spirit, Joy, Love, Light*, are all interchangeable, for the purposes of truth if not the scientific model of knowledge.

Only if we as a species transition from the non-unified physical to the unified physical will we be able to successfully transit this evolutionary bottleneck. Only unified will we be able to take on the many challenges that face our planet.

But what we are doing is supported by all consciousness—we are in fact embedded in a vaster galactic consciousness that is quite aware of us even if we are as of yet unaware of it. We have access to knowledge and tools that will help bring us there. Everything we need is already here, right now. All we need is the collective vision around which all of us can align, and we can truly experience Heaven on Earth, whatever that means to each of us, right now and in every now.

Every spiritual teacher out there is bringing the following urgent message from consciousness itself, everywhere and in every human language. We are all of us speaking as one, the voice of the collective consciousness of humanity urging us into rapid and conscious social and spiritual evolution of our species, so that we may navigate the coming transition.

This is the message:

All is one. Everything is connected. We are One.

Time for us to put aside childish things, and get to work evolving. Consciously awake, aware, and alive.

MEDICAL DISCLAIMER

All work provided by the Council of One through me is spiritual work to adjust your etheric blueprint to influence the health of your fields, including the physical field. It is intended to be an adjunct, not a replacement for, the benefits of Western allopathic medicine.

Please use your own discernment, knowledge of your body, and best judgment in regards to your health, and investigate with a critical mind all of the tools for regaining health that are available to you, including Western medicine. There are times when the body needs those basic physical interventions, and then alternative modalities can be used during the recovery process as desired.

No psychic or intuitive input should ever be used as a replacement for proper medical diagnosis if there are symptoms indicating reasons for concern.

I see my work as strictly etheric in nature, with all physical health benefits that may occur a happy side effect, and as complementary to rather than in competition with traditional medicine. The purpose of my work is to help you establish and maintain contact with your own deepest self and essence. As a result, joy can be more accessible as part of your everyday experience. I make no guarantees as to specific results, as no one, not even M.D.s, can do this honestly. Everyone's path to healing is unique, the effects of treatments are variable, and the human mind and body are complex.

It is to be expected that healing is a process, not an event, and it is also a collaboration between us and your essence. I will give you tools, coaching, and training for you to use as follow-up to help maintain, sustain, and advance the work.

These are not mental body visualizations or meditations, but simple, advanced and effective processes that entrain the subtle and EM fields of the body to hold more open and expressive orientations. Since most people feel so much better using the "tech", they validate it for themselves and continue using them quite happily, so they are not too difficult. They are designed to be short and sweet and easy once you've mastered the foundational techniques.

As the Council has said, "The most advanced technologies to be found in the Universe are also the simplest."